

# INDEPENDENT LIVING CLASSES

**TAKE SOME STEPS  
TOWARD YOUR KIND  
OF INDEPENDENCE**

**WEDNESDAYS FROM  
1:00 PM TO 3:00 PM**

**OR**

**THURSDAYS FROM  
9:30 AM TO 11:30 AM**



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**ATTEND ONE CLASS A WEEK** – your choice of which day and time.

**INCLUDES:** Financial literacy, health and wellbeing, home safety, grocery shopping, cleaning, transportation, advocacy, etc.

**There will be field trips!**

**OPEN TO CONSUMERS WITH DISABILITIES**

**LIMITED SPACE AVAILABLE**

You must register for this class

**MICHELE LEGERE – 519-969-8188 ext. 230**